This Month

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 1</td>
<td>Primary Pyjama Party Prep- Year 6 5.30-7.30pm MMPH</td>
</tr>
<tr>
<td>Wed 6</td>
<td>Announcement of 2014 Prefects at Secondary Assembly. McKeague Hall 11.15-12.05pm</td>
</tr>
<tr>
<td>Fri 8</td>
<td>Art Show Opening. Paterson Hall 5.00pm Exhibition open until 17 November</td>
</tr>
<tr>
<td>Wed 13</td>
<td>Girls Rock at Pilbeam Theatre</td>
</tr>
<tr>
<td>Thur 14</td>
<td>Year 7-12 Senior Farewell Afternoon Graduation Evening McKeague Hall</td>
</tr>
<tr>
<td>Fri 15</td>
<td>School day concludes at 1.00pm Senior Countdown 1.00pm Speech Night at Baptist Tabernacle 6.00pm</td>
</tr>
</tbody>
</table>

Contact Us

<table>
<thead>
<tr>
<th>Department</th>
<th>Phone</th>
<th>Fax</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reception</td>
<td>P: 4930 0900</td>
<td>F: 4922 4809</td>
<td>E: <a href="mailto:reception@rggs.qld.edu.au">reception@rggs.qld.edu.au</a></td>
</tr>
<tr>
<td>Student Services</td>
<td>P: 4930 0905</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fee Enquiries</td>
<td>P: 4930 0902</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Library</td>
<td>P: 4930 0949</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Health Centre</td>
<td>P: 4930 0929</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Enrolments</td>
<td>P: 4930 0912</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boarding Enquiries</td>
<td>P: 4930 0907</td>
<td>F: 4930 0906</td>
<td>E: <a href="mailto:boarding@rggs.qld.edu.au">boarding@rggs.qld.edu.au</a></td>
</tr>
<tr>
<td>Outing Requests</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Li Cunxin, his wife Mary, QLD Ballet Educators, Dance Students
**QLD BALLET WORKSHOP**
Louise Halvorsen
LouiseHalvorsen@rggs.qld.edu.au

On Tuesday 15 October, Year 9 – 12 Dance students were treated to a very special event. These girls participated in a workshop with the QLD Ballet as part of the QLD Ballet's Regional Tour of Giselle.

Under the guidance of Tim and Sally from the EdSquad, students learnt about basic ballet technique and tried some of the choreography from Giselle. What an honour it was when Li Cunxin and his wife Mary walked through the door! They shared valuable guidance with the students about the art of dance. For any ballet student, this was quite a moment and one that will not be forgotten. The following evening, the students completed this experience by seeing QLD Ballet's Giselle at the Pilbeam Theatre. A truly remarkable performance! Now we wait for Cinderella in 2014.

**GIRLS GRAMMAR GOES PINK**
Kim Dixon
EnterpriseManager@rggs.qld.edu.au

The fight against Breast Cancer is very important to the Girls Grammar community. Being an all girls School, we strive to promote awareness within the School and in the local community.

Our commitment was most visible during 'Pink Week' (14 -18 October) where we supported breast cancer awareness in many ways:

1. The iconic Paterson House, our 121 year old original School building atop Athelstane Range, was lit up with pink each night until 10pm
2. All students wore pink hair ribbons to school. These were sold by the Student Council as a fundraiser
3. Friday was a free dress Pink Cowgirl day when students donated a gold coin.

**PINK COWGIRL DAY**
By Briony Brooks

Arriving at school either dressed in pink or as a cowgirl, the girls participated in the annual free dress day to support the McGrath Foundation for Breast Cancer. As it came to Care Group the Year 11s and 12s came together as separate cohorts to battle against each other in a pink cricket match. The victor’s was a pink cricket bat trophy.

After an intense and nail biting game with everyone cheering on the seniors the Year 11s came out on top winning by 2 runs. By the end of the day the girls shared an amazing day raising awareness for Breast Cancer.
P&F BULLS ‘N’ BARRELS
Kim Dixon
EnterpriseManager@rggs.qld.edu.au

The P&F Committee conducted this family fun event at the Great Western Arena on Saturday 19 October. The evening featured bull riding and barrel racing, enjoying a BBQ dinner and participating in raising both awareness and funds for Breast Cancer by being TOUGH ENOUGH TO WEAR PINK.

Our students were very involved. Kahlee Bryson sang the National Anthem while Emily Lang rode around the arena carrying the Breast Cancer flag and Gemma Berry carried the Girls Grammar banner while riding her steer! Yes the steer’s name is Polly. Seven girls dressed their horses in pink and entered the Junior Barrel race. Gemma even entered Polly in the Barrel Race and while the time was over a minute it was a unique sight. Congratulations to Emily Lang who came second in the Junior Barrels.

The P&F sold McGrath Foundation merchandise, raffle tickets, softdrinks, chips and chocolates throughout the evening. The raffle was drawn and the many prize winners announced. Our girls then took a pink blanket around to collect further donations for Breast Cancer.

The P&F would like to thank many Girls Grammar families for attending and helping out to make this event such a success again for 2013. The wonderful sponsors included:

Major Sponsors:
Lacey’s Trailers
Autobarn Rockhampton
Fitzroy Nurseries

Other Sponsors:
Network Car & Truck Rental - England family
Brown’s Express - Brown family
Leyden Family
John Bell Mowing - Bell family
Stunzner family
MB Plant Hire - Brennan family
Holmes family
JM Kelly Rockhampton
Dews of Allenstown
Something Different
Terri Williams Hair Stylist
Webbers Northside Jewellers
Allenstown Hotel
Newsome’s Tyre & Mechanical
Stewart’s Department Store

STUDENT ACHIEVEMENTS

State Championships
Tayla Wines competed at the Queensland Open Water State Championships at Kawana Water, Sunshine Coast on Saturday 26 October. Tayla has now been invited to attend the Nationals (Olympic trial) in long distance swimming after being successful at the State Championships.
Premier League

It has been great news for Girls Grammar Netball in that two players were selected by Senior A Netball Coaches to play for Senior A during Premier League. This is a competition that is off season to Netball where talented Junior A players are identified and selected to play with Senior A teams.

This year, Mariah Lane and Tayla Wines have been selected. Mariah will play with Brothers and Tayla will play with Bluebirds. Congratulations girls.

Personal bests achieved

Shyane Yates who is a member of the Central Queensland Athletics Club, competed at the Athletics North Queensland competition held in Townsville on 29 September. Shyane broke her personal best records for the 800M race, 1500M Race Walk, Discus, Triple Jump and Javelin.

Dancing Queen

During the School holidays Hannah Taylor as part of the Puls8 Dance Academy, competed in the Rockhampton Dance Festival held at the Pilbeam Theatre. Hannah received a Highly Commended for the Cabaret Duo, Third for the Jazz Duo, first for the Pom (Cheerleading) section, third for Hip Hop and Lyrical Duo, as well as Highly Commended for her Lyrical Solo. Congratulations Hannah.

Trampolining

Maddyson Richards competed at State level for tumble track, trampolining at Hegvold Stadium during the September School holidays. Maddy placed second which has qualifies her for Nationals to be held in November.

Stacie the Tennis Star

Stacie Mcclinchie is a skilled and enthusiastic tennis player. Previously Stacie has been invited to play in the Queensland Team Event in 2011 and 2012 representing the CQ Region. Stacie also participated in the 2012 Schools event and has most recently participated in the 2013 Secondary Schools competition.
Gymkhana State Championships

Emily Lang participated in the Pony Club State Championships held at Paradise Lagoons, Alton Downs during the last week of the September School holidays. The championships ran over 4 days with over 290 riders competing.

Day 1 was the Formal Gymkhana and Emily placed Silver. Day 2 was the Sporting and Emily received a Bronze and was named in the State Team. Day 3 was the Campdraft and Day 4 Emily received a Gold for the Mounted Games. Congratulations, Emily.

VALEDICTORY COMPETITION

Lee Bartlem
LeeBartlem@rggs.qld.edu.au

On Thursday 17 October the Seniors of 2013 competed in the annual Valedictory Competition. They set a new record for recent years with 13 speakers. The girls presented well and shared some memories and reflections of their school years. Congratulations to Karla Hicks who was declared the 2013 Valedictorian. Melissa Olsson won 2nd Place and Korrina Answer received the Shout Out Award. The following ladies also presented on the day: Rose Stunzner, Kelsey Godwin-Smith, Erin Caulley, Alix Coombs, Nicola Cole, Sarah Iskov, Kate Brosnan, Kalissa Dwyer, Kate Warren and Julia Webb. It was a fantastic competition.

BRUSH WITH FAME

Olivia and Molly Harwood entered a competition run by Queensland Netball for 10 to 14 year olds. They were required to submit an email with their name, age and in 25 words or less state who was their favourite player. It was then a lucky draw. One of the girls were drawn out and the winner could take a friend. So they took each other.

The training session was at Hinterland Netball Association at Mudgeeraba. The girls got to do drills with local coaches then the Diamonds players joined in. Afterwards they had time to get the players to sign their shirts, talk and get photos.

On the Saturday night at the Gold Coast the Harwoods got to experience a Diamonds vs Malawi Queens test game.
Olivia and Molly were star struck.

**RED DAY FOR DANIEL**  
James Lye  
*Director*  
Students@rggs.qld.edu.au

Day for Daniel was established to spread the message about Keeping Kids Safe. On Friday 25 October, red was the theme to support this message, and at Girls Grammar that message was loud and clear. The Daniel Morcombe Foundation’s belief and vision is one that incorporates a future where all children are provided with protection, education and support in their lives. Thank you to all of the students who supported this wonderful cause with such commitment and enthusiasm.

**LIGHT THE NIGHT**

Sally Johnson  
*Reception*  
Reception@rggs.qld.edu.au

‘Light The Night’ is an inspiring twilight walk to shine lanterns of hope to find a cure and raise awareness for the Leukaemia Foundation.

On Wednesday 16 October, 24 Girls Grammar girls, proudly dressed in formal uniform, participated in the twilight walk along Huish Drive. The community spirit shone brightly and the lantern walk was a picture to see.
PREP’S NEW ADDITION

Acacia Gall
AcaciaGall@rggs.qld.edu.au

Prep girls are very excited about the new addition to their classroom. Introducing... the very cute ‘Author’s Chair’. Here they can take the spotlight as they share their wonderful writing and read lovely stories to their peers.

COWS CREATE CAREERS

On the 17 October the Year 9 and 10 Agricultural Science students went to the Rockhampton Leagues Club for the Gala Day for the Cows Create Careers Program. As part of the program we had responsibility for the care of two dairy calves for a four week period and had to submit a scientific report and multimedia presentation based on the dairy industry. Our work was judged against the other participating schools. Throughout the day we completed activities ranging from multiple choice questions to blind folded food testing. The day was eventful and it was great meeting new people from different schools around Rockhampton. Two of our teams were successful in taking out second and third place overall. One of the teams was awarded the best team photo.

Written by Carlyn Donaldson

OPTI-MINDS STATE FINALS

If my teammates and I were to share the most important thing we learnt from our Opti-ADVENTURE, it would be precisely this: ‘Change your thinking, and you change the world’.

Over the course of a single weekend this term, Shannon Graddon, Alana Green, Sophie Markey, Shantelle Sanders, Alexandria Rogers and myself, accompanied by Mr Lewis and Mrs Brooks, journeyed to Brisbane to take part in the Opti-MINDS State Finals weekend.

On the Saturday, all teams were given the opportunity to present ideas regarding the improvement or resolution of issues in modern day society. Whilst our team expressed our aspirations for a world where schools are less institutionalised, and the arts are promoted to support individuality and creativity, a number of impressive topics were explored by other teams.

Prominent matters such as ending world peace and poverty were tackled, along with quirkier topics like stopping the stereotypical messages from fairytales. The experience of today’s youth congregating to brainstorm for a better future was simply tremendous (Opti-NERDS unite!).

The second day was the challenge day, and our team was tasked with creating a dramatic presentation based on an artefact from ‘Opti-TOPIA’. We were required to outline its uses and relevance to modern communities, whilst only having 3 hours to complete the challenge. In that time we also faced a 5 minute spontaneous challenge which rapidly tested our problem-solving skills.

These tasks enabled our team to build relationships, think extemporaneously, be creative and unashamedly excellent! Our own efforts were not singularly rewarding however, as witnessing the other teams’ performances let us understand how versatile the imagination is; one challenge was interpreted in completely different ways.
In conclusion, the weekend was thoroughly enjoyable. Our team was exposed to new ideas and experiences as we worked in a resourceful environment with like-minded people, whom all strived to broaden and change their thinking, in order to change the world.

Written by Lydia Strohfeldt

**MUSIC**

Christina Bond  
ChristinaBond@rggs.qld.edu.au

Jessica Dawes  
JessicaDawes@rggs.qld.edu.au

On Sunday 20 October the Secondary Choir and Chamber Singers travelled to the Gladstone Eisteddfod. The Chamber Singers performed first and received First Place for their efforts with comments which reflected their fine, well-rehearsed presentation, bright tone and secure part work.

Then the Senior Choir performed, singing two songs and also received first placing. The adjudicator was impressed with their expression, phrasing, musical sensitivity, and commented on their discipline and well-rehearsed presentation.

All the students performed with poise and precision. Congratulations on your amazing efforts girls!

The Queensland State Honours Program was held in Brisbane over the September holidays. It is a three day workshop with some of the most experienced conductors from Australia and overseas. In 2013 Hollie Dunn, Kate Brosnan, Nicole Pillhofer, Lydia Strohfeldt and Alexandria Rogers were selected to represent Girls Grammar.

**Music Results**

We congratulate the following students on their results from the Australian Music Examinations Board exams undertaken in the last month.

- Ashleigh Collette-Grade 1 Piano HONOURS
- Caitlin Bartlett-Grade 1 Piano HONOURS
- Camille Trail-Grade 4 Piano for Leisure HONOURS
- Lydia Strohfeldt-Grade 4 Piano for Leisure HONOURS
- Mhairi Maitland-Grade 3 Piano HONOURS
- Heather Maitland-Preliminary Grade Piano PASS
NZ MUSIC TOUR 2014

The Music students this year have been very successful in competition, most recently being awarded Gold at the Gladstone Eisteddfod for both small group and choir section. Now it is time to show our talents on a world stage. June/July school holidays next year (June 30 to July 9) the music students will have the opportunity to perform on a world stage in Rotorua, New Zealand.

This will be an amazing experience for students, providing them with the opportunity to collaborate and learn from world renowned music professionals and participate in world class clinics.

Don't miss out on the New Zealand adventure. Not only will students have the chance to perform and workshop, but they will also enjoy the culture and thrills of New Zealand. Extra activities include a traditional welcome by the Maori people, a visit to Huka Falls, white water rafting, snow play and the glow worm caves as well as some shopping time.

The deposit to secure a place on the Music Tour has been extended to November 18 with final payments due at the end of January 2014.

Please contact Jessica Dawes or Christina Bond if you are interested or would like to find out more about this tour.

OSHC

Leonie Carroll
LeonieCarroll@rggs.qld.edu.au

We have just enjoyed a very successful vacation care program where we had a High Tea party, a Master Chef cook off, a good ole’ fashioned country fair and made so many wonderful things including wall clocks.

ROWING

Robin Fay
facilitiesmanager@rggs.qld.edu.au

Rowing resumed after the school holidays ready for the Term 4 FUN regatta on 26 October. This regatta revolves around not racing other schools, but rowing with other schools from Rockhampton. The crews are drawn randomly and are mixed for the event. Rowing continues until the term finishes and there will be opportunities for girls in Years 7, 8, 9 and 10 to come and try. Contact Mr Robin Fay

Recently, the Girls Grammar Rowers had a visiting coach from Rowing Australia inspect their progress. Mr Andrew Service, who is the development manager for Junior Rowing, attended their recent sessions. He is assessing rising talent with a view to future State and Australian Team candidates. Andrew praised the girls for their grasp of rowing technique and encouraged them to aim high. Andrew is scouting for potential starts the Tokyo Olympics for 2020. The location will offer many opportunities to Australian Rowers in the years leading to the event and beyond.

Our visit to the Chippendale's Farm.

We have had some changes to our team in the past couple of weeks. We said 'goodbye' to Mrs Stephenson. We wish her well with all her future
plans. We welcome to our team Nadia Hoare as our new Assistant Coordinator of the OSHC program. Nadia has a Diploma in Child Care & Education and has worked in the industry for over 14 years. We also welcome Kate Truelson and Kate Lang. Both Kates are currently studying their Bachelors of Education at University and will be wonderful assets to our team.

It’s hard to believe that we’re already into week 4 of our short 8 week term. We’ve got so many exciting things planned in the Christmas break that you won’t want to miss a thing! The booking form & program for the December/January Vacation Care will be sent to everyone in the coming weeks so keep an eye out for them. Please confirm as soon as possible to allow time for final numbers to be booked on our excursions.

HEALTH CENTRE

Linda Knowles
HealthCentre@rggs.qld.edu.au

Measles outbreak in Queensland

There have been measles outbreaks in Queensland and other states during 2013, with young children and school-aged children infected. Measles is highly infectious and can cause serious complications. The virus is spread from an infectious person during coughing and sneezing or through direct contact with secretions from the nose or mouth. Individuals are infectious before the appearance of a rash. As always, if your child is unwell, please keep them at home and seek medical assessment when indicated. If your child has not been vaccinated for measles, you may want to discuss this with your doctor. Attached a fact sheet for further information.

This term has seen some nausea and vomiting visiting the health centre. The vomiting has been lasting about 18 hours and has been accompanied by a fairly impressive elevated temperature, making for a sad, sorry 24 hours. It is important for all of us to reinforce to children and young people the importance of maintaining a good level of hydration.

The unexpected onset of vomiting can create difficulties if there is already some degree of dehydration present. It’s important to learn to recognise thirst. I find that a good number of people don’t do this well. If vomiting comes to visit at your house, don’t forget to handwash, handwash and then handwash some more!

Community Health is running an asthma workshop at the end of this month for anyone interested:

Live well with asthma

Are you or someone you care for living well with asthma? If you:

- wake up coughing, wheezing or breathless
- struggle to keep up with normal activity
- use your blue reliever puffer more than three times a week
- are unsure about the way your medications can work best for you

These are all signs your asthma is not well controlled or signs you are not living well with asthma.

If your asthma is limiting your quality of life, Asthma Foundation Queensland invites you to join us for a free one hour Live Well with Asthma workshop. To register please call Asthma Assist on 1800 645 130 or visit http://www.asthmafoundation.org.au/QLD/Courses_for_the_community.aspx

Where: Rockhampton Community & Public Health Centre, 82 Bolsover Street, Rockhampton
When: Wednesday, 30th October 2013
Time: 1:00pm – 2:00pm

51 Bellow Street
Fortitude Valley QLD 4006
PO Box 394
Fortitude Valley QLD 4006
T (07) 3252 7677
F (07) 3257 1080
1800 645 130
asthmafoundation.org.au
ABN 31 525 925 917

Asthma Foundation Queensland
LITTLETON PLAZA PAVER FUNDRAISER

Time is running out!

Kim Dixon
EnterpriseManager@rggs.qld.edu.au

Become a part of Girls Grammar history. I warmly encourage you to participate in the Littleton Plaza Paver Fundraiser. Many past families and staff are on board and it would be appropriate to have significant current family representation as well.

The order form is attached to this newsletter. You can drop it in to Reception and pay by EFTPOS or use the options on the form.

OFFER EXTENDED UNTIL 15 NOVEMBER 2013

COMMUNITY NOTICES

Shut the Gate Learn to Swim Assisting with Girls Grammar School Swimming

Girls Grammar have enlisted the help of the local swim school Shut the Gate Learn to Swim for assistance with the School Swimming Program. The North Rockhampton Swim School is run by Val Kalmikovs, an Olympic Swimmer (1996, 2000) and Joy Symons, a former Australian National Swimming Team member.

The husband and wife duo moved to Rockhampton to take on the business and also coach the CQ Aquajets Swimming Club.

Shut the Gate Learn to Swim offers lessons six days a week, for children as young as 3 months old. Adult lessons are also available. Once children have progressed through the ranks of the swim school program they are able to continue their aquatic development through club swimming with CQ Aquajets.

The Austswim recognised centre also offers Aqua Zumba, Aqua Aerobics, and Hydrotherapy in their salt water, heated pools.

For more information on swimming lessons please call 4926 1515 or visit their website www.cquaquaduck.com.au

Where: Rockhampton Community & Public Health Centre, 82 Bolsover Street, Rockhampton
When: Wednesday, 30th October 2013
Time: 1:00pm – 2:00pm