

## 2025 RDS 13-19 Years Trials

Event	District Trials Date and Venue	Nomination Due Date	Trial Venue	Equipment required	Capricornia Trials
<b>Cricket 15-19 Years Boys &amp; Girls</b>	Monday 11 November 2024 9am – 11am	Thursday 7 November 2024	Rockhampton Grammar	Own cricket equipment, water bottle, school sport uniform including hat <b>Permission Booklet</b>	4 February 2025 Mackay
<b>Softball 13-19 years Boys &amp; Girls</b>	Paper nominations	Wednesday 29 January 2025			Wednesday 5 February 2025 Mackay
<b>Tennis 13-19 years Boys &amp; Girls</b>	Monday 3 February 2025 9am – 3pm	Wednesday 29 January 2025	Rockhampton Tennis Centre	Own tennis racquet, water bottle, school sport uniform including hat <b>Permission Booklet</b>	10 February 2025 Gladstone
<b>Rugby League 14-15 Years 16-18 Years Boys</b>	Monday 3 February 2025 9am – 12pm	Thursday 30 January 2025	Emmaus College	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Permission Booklet</b>	25 February 2025 Rockhampton
<b>Netball 13-15 Years Girls</b>	Wednesday 5 February 2025  9am – 12pm	Friday 31 January 2025	CQU Stadium	Appropriate footwear, water bottle, school sport uniform <b>Permission Booklet</b>	17 February 2025 Mackay
<b>Netball 16-19 Years Girls</b>	Wednesday 5 February 2025  12pm – 2pm	Friday 31 January 2025	CQU Stadium	Appropriate footwear, water bottle, school sport uniform <b>Permission Booklet</b>	17 February 2025 Mackay
<b>Volleyball 13-15 Years 16-19 Years Boys &amp; Girls</b>	Thursday 6 February 2025 Boys: 9am – 11am Girls: 11am – 12:30pm	Monday 3 February 2025	Glenmore SH	Appropriate footwear, water bottle, school sport uniform <b>Permission Booklet</b>	11 /12 February 2025 Gladstone

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<b>Swimming</b>	Paper nominations	Due directly to Cap Sport Wednesday 12 February 2024			
<b>AFL</b> <b>13-15 Years</b> <b>16-19 Years</b> <b>Boys &amp; Girls</b>	Friday 7 February 2025 9am – 11am	Wednesday 5 February 2025	Rockhampton State High Oval	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Permission Booklet</b>	13-15: 18 February 2025 16-19: 12 May 2025 Rockhampton
<b>Rugby League</b> <b>13-14 Years</b> <b>15-16 Years</b> <b>17-18 Years</b> <b>Girls</b>	Wednesday 12 Feb 2025 9am – 12pm	Monday 10 Feb 2025	Kettle Park (behind Fantastic Furniture)	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Permission Booklet</b>	26 February 2025 Rockhampton
<b>Football</b> <b>13-16 Years</b> <b>17-19 Years</b> <b>Boys</b>	Friday 14 February 2025 9am – 11am	Tuesday 11 February 2025	Emmaus College	Appropriate footwear, water bottle, school sport uniform including hat <b>Permission Booklet</b>	6 March 2025 Emerald
<b>Football</b> <b>13-15 Years</b> <b>16-19 Years</b> <b>Girls</b>	Friday 14 February 2025 9am – 11am	Tuesday 11 February 2025	Emmaus College	Appropriate footwear, water bottle, school sport uniform including hat <b>Permission Booklet</b>	7 March 2025 Emerald
<b>Basketball</b> <b>13-16 years</b> <b>Boys &amp; Girls</b>	Thursday 13 February 2025 9am – 11am	Tuesday 11 February 2025	Rockhampton Basketball	Appropriate footwear, water bottle, school sport uniform <b>Permission Booklet</b>	11 March 2025 Rockhampton
<b>Basketball</b> <b>17-19 Years</b> <b>Boys &amp; Girls</b>	Thursday 13 February 2025 11am – 1pm	Tuesday 11 February 2025	Rockhampton Basketball	Appropriate footwear, water bottle, school sport uniform <b>Permission Booklet</b>	19 February 2025 Mackay

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<b>Water Polo 15-18 Years Boys &amp; Girls</b>	Paper Nomination	Friday 14 February 2025			
<b>Hockey 13-15 Years 16-19 Years Boys &amp; Girls</b>	Thursday 20 February 2025 9am – 12pm	Monday 17 February 2025	Kalka Shades, Water St	Own hockey equipment, mouthguard, water bottle, school sport uniform including hat <b>Permission Booklet</b>	3 March 2025 Rockhampton
<b>Squash 10-15 Years 16-19 Years Boys &amp; Girls</b>	Paper nominations	Thursday 20 February 2025			Friday 28 February 2025 Rockhampton
<b>Rugby Union 17-18 years Boys</b>	Thursday 13 March 2025  9am – 12pm	Monday 10 March 2025	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Permission Booklet</b>	25 March 2025 Gladstone
<b>Rugby Union 7s 15-16 Years 17-18 Years Girls</b>	Wednesday 19 March 2025  9am – 11am	Friday 14 March 2025	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Permission Booklet</b>	1 April 2025 Mackay
<b>Touch 13-15 Years 16-18 Years Boys &amp; Girls</b>	Tuesday 18 March 2025 9am – 12pm	Friday 14 March 2025	Rockhampton Touch Football	Appropriate footwear, water bottle, school sport uniform including hat <b>Permission Booklet</b>	31 March 2025 Mackay
<b>Golf 10-19 Years Boys &amp; Girls</b>	Paper nomination	Due directly to Cap Sport by 17 March 2025			

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<b>Rugby Union 14-15 years Boys</b>	Wednesday 30 April 2025 9am – 12pm	Friday 25 April 2025	Rugby Park	Appropriate footwear, own protection gear, mouthguard water bottle, school sport uniform including hat <b>Permission Booklet</b>	13 May 2025 Rockhampton
<b>Cross Country 10-19 years Boys &amp; Girls</b>	Tuesday 6 May 2025 9am – 3pm	Students selected from school carnivals	Rockhampton Touch		27 May 2025 Rockhampton
<b>Athletics 10-19 years Boys &amp; Girls</b>	28-30 July 2025	Students selected from school carnivals	North Rockhampton State High		18/19 August 2025 Mackay
<b>Cricket 13-14 Years Boys &amp; Girls</b>	Monday 4 August 2025 9am – 11am	Friday 1 August 2025	RGS	Own cricket equipment, water bottle, school sport uniform including hat <b>Permission Booklet</b>	26 August 2025 Mackay
<b>Futsal 13-14 Years 15-16 Years Boys &amp; Girls</b>	Tuesday 5 August 2025 Boys: 9am – 11am Girls: 11am – 12pm	Friday 1 August 2025	North Rockhampton State High	Appropriate footwear, water bottle, school sport uniform <b>Permission Booklet</b>	Girls: 25 August 2025 Boys: 26 August 2025 Rockhampton