

## 2024 RDS 10-12 Years Trials

Event	District Trials Date and time	Nominations due date	District Trials Venue	Equipment required	Capricornia Trials
<b>Volleyball 12 – 15 Boys &amp; Girls</b>	Friday 2 February 2024 Boys: 9am – 11am Girls: 11am – 1pm	Wednesday 31 January 2024	Glenmore SH	Appropriate footwear, water bottle, school sport uniform <b>Permission Booklet</b>	14 February 2024 Gladstone
<b>Basketball 10 -12 years Boys &amp; Girls</b>	Wednesday 14 February 2024 4pm – 6pm (Both genders)	Monday 12 February 2024	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	11 March 2024 Rockhampton
<b>AFL 10-12 years Boys and Girls</b>	Wednesday 21 February 2024 4pm – 6pm	Monday 19 February 2024	Rockhampton State High	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	7 March 2024 Mackay
<b>Swimming</b>	Paper nominations				
<b>Touch Football 10 – 12 years Boys and Girls</b>	1 <sup>st</sup> trial: Wednesday 28 February 2024 4pm – 5:45pm  Shortlisted: Friday 1 March 2024 4pm – 5:45pm	Monday 26 February 2024	Rockhampton Touch Fields	Appropriate footwear, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	12 March 2024 Emerald
<b>Squash 10-19 years Boys and Girls</b>	Paper nominations	Tuesday 27 February 2024			5 March 2024 Gladstone
<b>Netball 10-11 years and 11-12 years Girls and Boys</b>	Wednesday 21 February 2024 4pm - 6pm	Monday 19 February 2024	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	6 March 2024 Rockhampton

<b>Rugby League 10, 11 and 12 Years Boys</b>	Muster: Sunday 3 March 2024 9am – 12pm  Shortlisted students: Sunday 10 March 2024 9am – 12pm	Thursday 29 February 2024	Emmaus College	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	22/23 April 2024 Gladstone
<b>Rugby League 11-12 Years Girls</b>	Wednesday 6 March 2024 4pm – 5:30pm	Monday 4 March 2024	Frenchville State School	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	11 June 2024 Gladstone
<b>Hockey 10-12 years Boys and Girls</b>	Monday 4 March 2024 4pm – 5:30pm	Friday 1 March 2024	Kalka Shades, Water St	Own playing equipment, mouthguard, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	18 April 2024 Rockhampton
<b>Tennis 10 – 12 Years Boys and Girls</b>	Tuesday 19 March 2024 9am – 3pm	Friday 15 March 2024	Rockhampton Tennis centre	Own playing equipment, hat, water bottle, school sport <b>PERMISSION BOOKLET</b> uniform	16 April 2024 Mackay
<b>Football 10-12 years Boys</b>	Tuesday 30 April 2024 4pm – 5:30pm	Friday 26 April 2024	Cap Coast Football – Apex Park	Appropriate footwear, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	14 May 2024 Emerald
<b>Football 10-12 years Girls</b>	Tuesday 30 April 2024 4pm – 5:30pm	Friday 26 April 2024	Cap Coast Football – Apex Park	Appropriate footwear, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	14 May 2024 Emerald
<b>Rugby Union 11 – 12 years Boys</b>	Monday 29 April 2024 4pm – 5:30pm	Friday 26 April 2024	Kettle Park (behind Fantastic Furniture)	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	13 May 2024 Emerald

<b>Softball 10 – 12 years Boys and Girls</b>	Trial 1: Wednesday 1 May 2024 4pm – 5:30pm  Trial 2: Wednesday 8 May 2024 4pm – 5:30pm	Monday 29 April 2024	Rockhampton Softball Association	Own playing equipment, hat, water bottle, school sport uniform <b>PERMISSIO N BOOKLET</b>	21 May 2024 Mackay
<b>Cross Country 10-19 years</b>	Tuesday 7 May 2024				4 June 2024 Rockhampton
<b>Athletics</b>	TBC				19/20 August 2024 Mackay
<b>Cricket 10 – 12 Boys</b>	Monday 12 August 2024 4pm – 5:30pm	Friday 9 August 2024	Victoria Park	Own playing equipment, hat, water bottle, school sport uniform <b>PERMISSION BOOKLET</b>	26/27 August 2024 Rockhampton
<b>Cricket 10 – 12 Girls</b>	Trial through Wide Bay Sports				