



Term 1 Week 1 Menu

	Monday 22/1/24	Tuesday 23/1/24	Wednesday 24/1/24	Thursday 25/1/24	Friday 26/1/24	Saturday 27/1/24	Sunday 28/1/24
Breakfast	Selection of Healthy Cereals, Fruits, Yoghurts, Assorted Breads, and Condiments. Juices, Tea, and Milks						
Breakfast	Continental Breakfast Cereals Yoghurt Fruit	Bacon and Egg Wrap	Pancakes with Mixed Berries	Eggs Benedict	Australia Day Public Holiday Raisin Toast	Continental Breakfast Cereals Yoghurt Fruit	Brunch Spaghetti, Hash Browns, Grilled Bacon, Poached Eggs and Sausages
Morning Tea		Jam and Cream Sponge Cake	Ham and Cheese Croissants	Choc Chip Muffin	Chocolate Lamingtons		
Lunch	Selection of Breads with Condiments, Fresh Whole Fruit, and Vegetarian, Gluten Free, Lactose Free Options						
Lunch	Make Your Own Meat and Salad Wrap	Spaghetti Bolognese	Sweet Chilli Chicken Wraps with Lettuce, Tomato, Cheese, Grated Carrot and Mayonnaise	Beef Pie and Mushy Peas	Boarders Big Day Out @ SBC	Make Your Own Toasted Sandwiches	Cold Meat Salad Wrap and Sandwich Platters
Salad Bar		Coleslaw	Cous Cous Salad	Caesar Salad		Cold Meat, Sandwich, Salad Bar	
Afternoon Tea		Carrot Sticks, Dip and Crackers	Jelly and Fruit Cup	Red Velvet Muffin			
Dinner	Selection of Bread with Condiments, Fresh Whole Fruit, Selection of Hot Vegetables, Garden Salads and Vegetarian, Gluten Free, Lactose Free Options						
Dinner	Family BBQ	Peri Peri Chicken	Grilled Lamb Chops	Grilled Fish with Lemon	Steak Burgers	Beef Lasagna	Roast Chicken
Sides		Steamed Chats, Steamed Vegetable Medley	Mashed Potato, Steamed Vegetable Medley	Chips, Salad and Tartare Sauce	Burger Salads and Sauces	Garlic Bread and Salads	Roasted Sweet Potato, Pumpkin, Potato and Steamed Peas
Dessert/En tree		Chocolate Mousse	Self-Saucing Pudding	Fruit Salad, Jelly and Custard	Pavlova and Passionfruit Cream	Fruit Salad and Yoghurt	Caramel Tarts
Supper	Milk and Cookies	Sliced Watermelon	Kabana, Cheese and Crackers	Rice Cakes and Spreads	Anzac Biscuits	Chocolate Slice	Cheese, Sliced Tomato and Crackers



Term 1 Week 2 Menu

	Monday 29/1/24	Tuesday 30/1/24	Wednesday 31/1/24	Thursday 1/2/24	Friday 2/2/24	Saturday 3/2/24	Sunday 4/2/24
Breakfast	Selection of Healthy Cereals, Fruits, Yoghurts, Assorted Breads, and Condiments. Juices, Tea and Milks						
Breakfast	Breakfast Muffin	Bacon and cream cheese Bagel	Spaghetti/Baked Beans on Thick Cut Toast	Scrambled Eggs on Toast	Avocado on Toast	Continental Breakfast Cereals Yoghurt Fruit	Brunch Spaghetti, Hash Browns, Grilled Bacon, Poached Eggs and Sausages
Morning Tea	M & Ms Biscuits	Ham and Pineapple Scrolls	Fruit Salad Yoghurt Cups	Carrot Cake Muffin	Spring Rolls		
Lunch	Selection of Breads with Condiments, Fresh Whole Fruit, and Vegetarian, Gluten Free, Lactose Free Options						
Lunch	Chicken Teriyaki Stir-Fry with Hokkien Noodles	Curried Sausages and Jasmine Rice	Chicken and Camembert Fillo	Beef Burger with Lettuce, Tomato, Cheese, Beetroot, Grilled Onion and BBQ Sauce	Beef Nachos with Corn Chips, Cheese and Sour Cream	Make Your Own Toasted Sandwiches	Cold Meat Salad Wrap and Sandwich Platters
Salad Bar	Garden Salad	Pasta Salad	Sweet Potato and Bacon Salad and Egg Salad	Potato and Egg Salad	Chef's Choice	Cold Meat, Sandwich, Salad Bar	
Afternoon Tea	Steamed Dim Sims	Chocolate and Orange Cake	Kabana, Cheese, Carrot, Celery Sticks and Crackers	BBQ Chicken and Bacon Scrolls	Zooper Doopers and Watermelon		
Dinner	Selection of Bread with Condiments, Fresh Whole Fruit, Selection of Hot Vegetables, Garden Salads and Vegetarian, Gluten Free, Lactose Free Options						
Dinner	Lamb Doner Kebabs	Chipotle Chicken Breast Pieces	Steak Dianne	Honey Chicken	Herb and Garlic Pork Schnitzel with Gravy	Chicken Carbonara Pasta Bake	Corned Meat and Cheesy White Sauce
Sides	Lettuce, Tomato, Grated Carrot, Onion and Cheese and Assorted Sauces	Potato Bake, Baby Carrots. Peas and Corn	Steamed Chats with Steamed Mixed Vegetables	Fried Rice	Mashed Potato and Steamed Vegetables	Parmesan Cheese	Steamed Potato, Pumpkin, Sweet Potato and Green Beans
Dessert/En trée	Make Your Own Trifle	Apple Crumble and Custard	Sticky Date Pudding	Samosas	Garlic Bread	Ice Cream	Mixed Cheesecakes
Supper	Sliced Mixed Fruits	Vita Wheats and Spreads	Whole Fruits	Milo Balls	Caramel and Marshmallow Slice	Popcorn	Milo and Biscuits




Term 1 Week 3 Menu

	Monday 5/2/24	Tuesday 6/2/24	Wednesday 7/2/24	Thursday 8/2/24	Friday 9/2/24	Saturday 10/2/24	Sunday 11/2/24
Breakfast	Selection of Healthy Cereals, Fruits, Yoghurts, Assorted Breads, and Condiments. Juices, Tea, and Milks						
Breakfast	Crumpets with Golden Syrup	Pancakes with Berries	Investiture Day Bacon and Egg Muffin	Sausages, Tomato and Fried Eggs	Overnight Oats	Continental Breakfast Cereals Yoghurt Fruit	Brunch Spaghetti, Hash Browns, Grilled Bacon, Poached Eggs and Sausages
Morning Tea	Chocolate Lamingtons	Chicken Nuggets	Grilled Beef Sausage on Bread with Carmelised Onion	Iced Chocolate Cake	Banana Bread		
Lunch	Selection of Breads with Condiments, Fresh Whole Fruit, and Vegetarian, Gluten Free, Lactose Free Options						
Lunch	Ham and Pineapple Turkish Bread Melts	Creamy Basil Pesto Pasta	Thai Beef Salad with Crunchy Noodles	Pork Vermicelli Stir-Fry	Meat Ball Sub	Make Your Own Toasted Sandwiches	Cold Meat Salad Wrap and Sandwich Platters
Salad Bar	Garden Salad	Cous Cous	Bean Salad	Pumpkin and Fetta Salad	Chefs Choice	Cold Meat, Sandwich, Salad Bar	
Afternoon Tea	Tomato Relish and Cheese Scrolls	Chocolate Chip Muffin	Crackers, Salami Cheese and Tomato	Berry and Banana Smoothie	Chocolate Milk and Biscuits		
Dinner	Selection of Bread with Condiments, Fresh Whole Fruit, Selection of Hot Vegetables, Garden Salads and Vegetarian, Gluten Free, Lactose Free Options						
Dinner	Pulled Pork	Beef Rissoles	Roast Lamb	Seafood Basket	Chicken Enchilada	Hot Dogs with the Works	Chicken Paella on McKeague Deck
Sides	Coleslaw and Burger Bun	Potato Bake with Baby Carrots, Peas and Corn	Roast Potato, Sweet Potato, Pumpkin and Steamed Corn Cobs	Chips	Sour Cream, Salsa and Avocado	Grilled Onion, Bacon and Cheese, Tomato Sauce and Mustard	
Dessert /Entree	Mousse	Fruit Salad, Jelly and Custard	Sponge Cake Jam and Cream	Garlic Bread	Ice Cream Sundae	Churros	Jelly and Condensed Milk Slice
Supper	Sliced Watermelon	Kabana, Cheese and Crackers	Rice Cakes and Spreads	Mini Pizza	Chocolate Slice	Cheese, Sliced Tomato and Crackers	Shortbread Biscuits



Term 1 Week 4 Menu

	Monday 12/2/24	Tuesday 13/2/24	Wednesday 14/2/24	Thursday 15/2/24	Friday 16/2/24	Saturday 17/2/24	Sunday 18/2/24
Breakfast	Selection of Healthy Cereals, Fruits, Yoghurts, Assorted Breads, and Condiments. Juices, Tea, and Milks						
Breakfast	Waffles and Maple Syrup	Poached Eggs on Thick Cut Toast	French Toast with Maple Syrup	Bacon and Egg Wraps	Avocado on Thick Cut Toast	Continental Breakfast Cereals Yoghurt Fruit	Brunch Spaghetti, Hash Browns, Grilled Bacon, Poached Eggs and Sausages
Morning Tea	Chocolate Cake	Ham and Cheese Croissants	Pink Lamingtons	Party Pie and Mini Quiche	Sponge Cake with Jam and Cream		
Lunch	Selection of Breads with Condiments, Fresh Whole Fruit, and Vegetarian, Gluten Free, Lactose Free Options						
Lunch	Pizza and Garlic Bread	Chicken Tender and Sweet Potato Salad with Bacon, Tomato and Red Onion Cheese and Ranch Dressing	Ham and Salad Wraps	Chicken Burger, Lettuce, Tomato, Onion, Grated Carrot and Garlic Aioli	Beef Teriyaki Stir-Fry on Steamed Jasmine Rice	Make Your Own Toasted Sandwiches	Cold Meat Salad Wrap and Sandwich Platters
Salad Bar	Garden Salad	Pasta Salad	Potato and Egg Salad	Sweet Potato and Bacon Salad	Chef's Choice	Cold Meat, Sandwich, Salad Bar	
Afternoon Tea	Crackers, Salami, Cheese and Tomato	Vegie Sticks with French Onion Dip	Blue Berry Muffin	Onion Rings	Zooper Dooper and Sliced Fruit		
Dinner	Selection of Bread with Condiments, Fresh Whole Fruit, Selection of Hot Vegetables, Garden Salads and Vegetarian, Gluten Free, Lactose Free Options						
Dinner	Thai Chicken Meatballs	Corn Meat Fritters	Rib Fillet with Creamy Garlic Sauce	Tomato and Onion Gravy Sausages	Chicken Schnitzel and Gravy	Crumbed Fish	Roast Pork
Sides	Roast Carrots, Steamed Mixed Vegetables	Tomato Chilli Jam and Salad		Brown Rice and Peas, Beans and Broccoli	Mashed Potato and Steamed Vegetable Medley	Chips, Tartare and Lemon	Oven Baked Sweet Potato, Pumpkin, Potato and Steamed Peas
Dessert/Entrée	Fruit Salad, Jelly and Custard	Apricot Danish and Custard		Apple Slice and Custard	Mixed Cheesecakes	Choc Brownie	Ice Cream on Sticks
Supper	Mixed Berry Cheesecake Slice	Whole Fruits	Tim Tams	Anzac Biscuits	Cheese and Crackers	Biscuits	Rice Cakes and Spreads



Term 1 Week 5 Menu

	Monday 19/2/24	Tuesday 20/2/24	Wednesday 21/2/24	Thursday 22/2/24	Friday 23/2/24	Saturday 24/2/24	Sunday 25/2/24
Breakfast	Selection of Healthy Cereals, Fruits, Yoghurts, Assorted Breads, and Condiments. Juices, Tea, and Milks						
Breakfast	Year 7 Camp Breakfast Muffins	Year 7 Camp Grilled Sausages, Tomato and Potato Gems	Year 7 Camp Raisin Toast	Spaghetti and Baked Beans on Thick Cut Toast	Student Free Day Boarders Long Weekend Eggs Benedict	Continental Breakfast Cereals Yoghurt Fruit	Brunch Spaghetti, Hash Browns, Grilled Bacon, Poached Eggs and Sausages
Morning Tea	Spring Rolls	Banana Bread with Sultanas	Scones with Jam and Cream	Red Velvet with Cream Cheese Icing	Mini Quiche and Sausage Rolls		
Lunch	Selection of Breads with Condiments, Fresh Whole Fruit, and Vegetarian, Gluten Free, Lactose Free Options						
Lunch	Sundried Tomato Pesto Pasta Bake	Roast Pork and Gravy Rolls	Beef Massaman Curry and Steamed Jasmine Rice	Sweet Chilli Chicken, Lettuce, Tomato, Grated Carrot, Cheese and Mayonnaise	Beef Lasagna	Make Your Own Toasted Sandwiches Hot Chip Sandwiches	Cold Meat Salad Wrap and Sandwich Platters
Salad Bar	Garden Salad	Pasta Salad	Caesar Salad Potato and Egg	Chefs Choice		Cold Meat, Sandwich, Salad Bar	
Afternoon Tea	Jelly Cups	Custard Slice	Ham and Pineapple Scrolls	Crackers and Dip	Crumbed Sausages		
Dinner	Selection of Bread with Condiments, Fresh Whole Fruit, Selection of Hot Vegetables, Garden Salads and Vegetarian, Gluten Free, Lactose Free Options						
Dinner	Pulled Beef	Honey Chicken	Cottage Pie	Curried Sausages	Chicken Parmigiana	Grilled Pork Chops with Apple Sauce	BBQ Kollar Deck
Sides	Mashed Potato, Baby Carrots, Peas and Corn	Fried Rice	Salad	Brown Rice	Chips and Salad	Steamed Chats and Mixed Vegetable Medley	Burger Salads and Sauces
Dessert	Mousse	Fruit Salad Yoghurt and Honey	Apple Crumble and Custard	Pavlova Cream and Berries	Blue Berry Muffin and Custard	Make Your Own Trifle	Dixie Cups
Supper	Whole Fruits	Rice Cakes and Spread	Lamingtons	Sliced Tomato and Cheese on Crackers	Milk and Cookies	Popcorn	Whole Fruits