

# Term 4 Week 6 Menu

	Monday 4/11/24	Tuesday 5/11/24	Wednesday 6/11/24	Thursday 7/11/24	Friday 8/11/24	Saturday 9/11/24	Sunday 10/11/24
<b>Calendar</b>		<b>Melbourne Cup</b>					
<b>Breakfast</b>	Danish Pastries Breakfast Muffins Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Bacon and Cream Cheese Bagel Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Spaghetti and Baked Beans Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Bacon and Egg Wrap Continental Breakfast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Overnight Oats Bowls Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruit	Continental Breakfast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	<b>Brunch</b> Spaghetti, Hash Browns, Grilled Bacon, Scrambled Eggs and Sausages Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruit
<b>Morning Tea</b>	Warm Cinnamon Donuts Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Steamed Dim Sims Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Granola, Fruit Salad and Yoghurt Cups Whole Fruits Sliced Seasonal Fruit	Beef Sausages on Bread with Caramelized Onion Whole Fruits Sliced Seasonal Fruit	Chicken Nuggets Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato		
<b>Morning Tea GF</b>	GF Donuts Gf Crackers	Party Pies and Sausage Rolls GF Crackers	Fruit Salad and Yoghurt	GF Bread	Chicken Nuggets		
<b>Lunch</b>	Make Your Own Chicken Caesar Salad	<b>Honey BBQ Pork Ribs with Fried Rice</b>	Flame Grilled Chicken Burger with Lettuce, Tomato, Cheese, Carrot and Aioli	Spaghetti Bolognaise	Crumbed Fish with Lemon, Chips, Salad and Tartare Sauce	Make Your Own Toasted Sandwiches	Cold Meat Salad Wrap and Sandwich Platters
<b>Lunch GF</b>	Make Your Own Chicken Caesar Salad	GF Wraps	Honey BBQ Pork Ribs with Fried Rice	GF Spaghetti	GF Burger Bun	GF Bread	GF Wraps
<b>Salad Bar</b>	Garden Salad Complete Salad Bar and Sandwich Bar	Potato and Egg Salad Complete Salad Bar and Sandwich Bar	Pasta Salad Complete Salad Bar and Sandwich Bar	Sweet Potato and Bacon Salad Complete Salad Bar and Sandwich Bar	Chef's Choice Complete Salad Bar and Sandwich Bar	Complete Salad Bar and Sandwich Bar	
<b>Afternoon Tea</b>	Chocolate and orange Cake	Long John with Fresh Cream and Jam Whole Fruits	Jelly and Fruit Cup Whole Fruits	Salami, Crackers, Cheese and Tomato Whole Fruits	Sushi Platter		
<b>Dinner</b>	Beef Ravioli with Parmesan Cheese GF Gnocchi	Lamb Rack or Miso Grilled Salamon on Mediterranean Cous Cous	Peri Peri Chicken Kebabs with Steamed Rice, Broccoli, Cauliflower and Zucchini	Braised Lamb Chops with Mashed Potato, Baby Carrots, Peas and Corn Cobs	Sweet Chilli or original Chicken Tender Wraps with Lettuce, Tomato, Cheese, Grated Carrot and Mayonnaise	Roast with Oven Baked Sweet Potato, Pumpkin, Potato and Corn on The Cob	Chicken Carbonara Pasta Bake with Parmesan Cheese
<b>Salad Bar</b>	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar	
<b>Dessert / Entrée</b>	Ice Cream and topping GF	Chocolate Mousse GF	Butterscotch Self-Saucing Pudding GF Muffin	Fruit Salad, Jelly and Custard GF Jelly and Fruit	Pavlova, Cream and Mixed Berries GF	Fruit Salad and Yoghurt GF	Caramel Tart's GF Ice Block
<b>Supper</b>	Coconut Biscuits	Whole Fruits	Vita Wheats and Vegemite	Anzac Biscuits	Milo Balls	Chocolate Slice	Shortbread Creams

# Term 4 Week 7 Menu

	Monday 11/11/24	Tuesday 12/11/24	Wednesday 13/11/24	Thursday 14/11/24	Friday 15/11/24	Saturday 16/11/24	Sunday 17/11/24
<b>Calendar</b>	<b>Remembrance Day</b>	<b>Boarders Farewell Dinner</b>	<b>Speech Night</b>	<b>Year 12 Graduation</b>	<b>Girls Rock</b>		
<b>Breakfast</b>	Raisin Toast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Pancakes with Mixed Berries Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Garlic Buttered Mushrooms and Spaghetti on Toast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	French Toast with Maple Syrup Toast, Spread, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruit	Grilled Bacon, Scrambled Eggs, Potato Gems, Grilled Tomato with Herb and Cheese Toast, Spread, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruit	Continental Breakfast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	<b>Brunch</b> Spaghetti, Hash Browns, Grilled Bacon, Poached Eggs and Sausages Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruit
<b>Morning Tea</b>	Chicken, Cheese and Pesto Scrolls Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Jam and Cream Sponge Cake, Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Carrot Cake Muffin Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Chocolate Lamingtons Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Ham and Cheese Croissant Whole Fruits Sliced Seasonal Fruit		
<b>Morning Tea GF</b>	Toasted Chicken, Cheese and Mayonaise Sandwich	Jam Filled Muffin GF Crackers	Carrot Cake Muffin GF Crackers	Chocolate Lamingtons GF Crackers	Ham and Cheese Croissant		
<b>Lunch</b>	Beef Burger with Lettuce, Cheese, Tomato, Beetroot, Grilled Onion and BBQ Sauce	Make Your Own Poke Bowl	Beef Nacho's with Corn Chips, Cheese, Sour Cream and Salsa	Chicken, Tomato and Bacon Pasta Bake	School Finishes 12.40pm	Make Your Own Toasted Sandwiches	Cold Meat Salad Wrap and Sandwich Platters
<b>Lunch GF</b>	GF Bun	Make Your Own Poke Bowl	Beef Nacho's with Corn Chips, Cheese, Sour Cream and Salsa	Chicken, Tomato and Bacon Pasta Bake	Beef Pie	GF Bread	GF Wraps
<b>Salad Bar</b>	Garden Salad Complete Salad Bar and Sandwich Bar	Pasta Salad Complete Salad Bar and Sandwich Bar	Potato and Egg Salad Complete Salad Bar and Sandwich Bar	Cesar Salad Complete Salad Bar and Sandwich Bar	Chef's Choice Complete Salad Bar and Sandwich Bar	Complete Salad Bar and Sandwich Bar	
<b>Afternoon Tea</b>	Finger Bun Whole Fruits	Zooper Dooper Whole Fruits	Make Your Own Sandwich	Vegie Sticks and Dip	Chocolate Brownie Whole Fruits		
<b>Dinner</b>	Beef Goulash	Fillet Mignon with Mashed Sweet Potato, Broccolini and Thyme Jus/ Brie and Spinach Stuffed Chicken Supreme Mashed Sweet Potato and Green Beans	Pizza Purchased by Boarding After Speech Night	Chicken Kebabs with Lettuce, Tomato, Onion, Grated Carrot, Cheese, Assorted Sauces	Honey Soy Chicken Stir-Fry and Rice	Beef Enchilada with Sour Cream and Chunky Salsa	Steak & Salad Burgers GF Burger Buns
<b>Salad Bar</b>	Complete Salad Bar	Finger Food Platter		Complete Salad Bar		Complete Salad Bar	
<b>Dessert / Entrée</b>	Make Your Own Trifle GF Jelly, Fruit	Dessert Tower		Ice Cream on Stick		Ice-Cream Sundae	Jelly and Condensed Milk Slice GF Biscuit
<b>Supper</b>	Cheese and Crackers		Tim Tams	Sliced Fruit		Biscuits	Mixed Fruit Slice

# Term 4 Week 8 Menu

	Monday 18/11/24	Tuesday 19/11/24	Wednesday 20/11/24	Thursday 21/11/24	Friday 22/11/24	Saturday 23/11/24	Sunday 24/11/24
<b>Calendar</b>		<b>Boarders Transition Evening</b>	<b>Transition Day</b>				
<b>Breakfast</b>	Raisin Toast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Waffles and Berries Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Fried Eggs, Sausages and Grilled Tomato Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Eggs Benedict Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Avocado and Fetta Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Continental Breakfast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	<b>Brunch</b> Spaghetti, Hash Browns, Grilled Bacon, Scrambled Eggs and Sausages Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruit
<b>Morning Tea</b>	Sausage Roll Whole Fruits Sliced Seasonal Fruit	Pumpkin Soup Whole Fruits Sliced Seasonal Fruit	M & M's Biscuits Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Ham and Pineapple Scrolls Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Chocolate Cake Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato		
<b>Morning Tea GF</b>	GF Sausage Roll	GF Bread	GF Biscuits GF Crackers	Ham and Pineapple Toasted Sandwich GF Crackers	GF Muffin and GFCrackers		
<b>Lunch</b>	Meat Ball Sub	Pork Vermicelli Stir-Fry	Curried Sausages with Vegetables and Steamed Jasmine Rice	Chicken Carbonara Pasta Bake	Chicken and Camembert Filo	Make Your Own Toasted Sandwiches	Cold Meat Salad Wrap and Sandwich Platters
<b>Lunch GF</b>	GF Bread	Pork Vermicelli Stir-Fry	Curried Sausages with Vegetables and Steamed Jasmine Rice	GF Chicken Carbonara Pasta Bake	Chicken and Leek Pie	GF Bread	GF Wraps
<b>Salad Bar</b>	Garden Salad Complete Salad Bar and Sandwich Bar	Potato Salad Complete Salad Bar and Sandwich Bar	Pasta Salad Complete Salad Bar and Sandwich Bar	Roast Pumpkin and Cous Cous Salad Complete Salad Bar and Sandwich Bar	Chef's Choice Complete Salad Bar and Sandwich Bar	Complete Salad Bar and Sandwich Bar	
<b>Afternoon Tea</b>	Tomato Relish and Cheese Scrolls Whole Fruits	Choc Chip Muffin Whole Fruits	Berry and Banana Smoothie Whole Fruits	Spinach and Ricotta Sausage Roll Whole Fruits	Chocolate Milk and Biscuits Whole Fruits		
<b>Dinner</b>	Corned Meat and Cheesy White Sauce with Steamed Potatoes, Pumpkin and Sweet Potato and Green Beans	BBQ Kollar Deck	Creamy Garlic Prawn Skewers and Jasmine Rice Pork Belly and Apple Jus	Crumbed Steak with Mashed Potato, Broccoli, Cauliflower and Zucchini	Pulled Pork Burgers with Coleslaw	Chicken Burritos	Roast Pork with Oven Baked Sweet Potato, Pumpkin, Potato and Steamed Peas
<b>Salad Bar</b>	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar	
<b>Dessert / Entrée</b>	Apple Crumble and Custard	Creamed Rice	Fruit Salad and Yoghurt GF	Mixed Berry Panna Cotta GF	Ice Cream and toppings GF	Strawberry Mousse GF	Jam and Cream Sponge
<b>Supper</b>	Whole Frutis	Apple Tea Cake Slice	Kabana, Cheese, Carrot Sticks and Crackers	Rice Cakes and Spreads	Sliced Tomato Cheese and Crackers	Mini Pizza's	Milo and Biscuits

# Term 4 Week 9 Menu

	Monday 25/11/24	Tuesday 26/11/24	Wednesday 27/11/24	Thursday 28/11/24	Friday 29/11/24	Saturday 30/11/24	Sunday 1/12/24
<b>Calendar</b>	<b>Prep - Year 4 Swimming Carnival</b>		<b>Year 6 Graduation</b>	<b>School Party</b>	<b>Student Free Day</b>		
<b>Breakfast</b>	Breakfast Muffins Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Grilled Bacon, Sausages, Poached Eggs, Potato Gems Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Avocado and Scrambled Eggs on Thick Cut Toast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits	Continental Breakfast Toast, Spreads, Cereals, Yoghurts, Muesli, Sliced Fruits and Whole Fruits			
<b>Morning Tea</b>	Beef Sausages on Bread with Caramelized Onion Whole Fruits Sliced Seasonal Fruit	Chocolate Crackles Whole Fruits Sliced Seasonal Fruit Crackers, Cheese and Tomato	Party Pies and Mini Quiche Whole Fruits Sliced Seasonal Fruit	Whole School Party			
<b>Morning Tea GF</b>	GF Bread and Crackers	GF Chocolate Crackles and Crackers	GF Party Pies and Sausage Roll	Table Outside Kitchen Window for All Dietary and Allergens			
<b>Lunch</b>	Make Your Own Cold Meat and Salad Wrap	Chicken, Mushroom and Leek Pie / Beef Pie	Cheeseburger and Chips	School Finishes 12.40pm			
<b>Lunch GF</b>	GF Wrap	GF Chicken and Leek Pie	GF Burger Bun				
<b>Salad Bar</b>	Garden Salad Complete Salad Bar and Sandwich Bar	Pasta Salad Complete Salad Bar and Sandwich Bar	Potato and Egg Salad Complete Salad Bar and Sandwich Bar				
<b>Afternoon Tea</b>	Zooper Dooper Whole Fruits	Steamed Dim Sims Whole Fruits	Crumbed Sausage Whole Fruits				
<b>Dinner</b>	Chicken Paella on McKeague Deck	Beef Rissoles with Gravy, Potato Bake, Baby Carrots, Peas and Corn	Pork Ribs with Mashed Potato, Baby Carrots,				
<b>Salad Bar</b>	Complete Salad Bar	Complete Salad Bar	Complete Salad Bar				
<b>Dessert / Entrée</b>	Garlic Bread	Sticky Date Pudding and Custard	Mixed Cheesecakes				
<b>Supper</b>	Biscuits and Milo GF Biscuits	Sliced Watermelon	Kabana, Cheese and Crackers / GF Crackers				



